

## Swimming WA 2009 SHORT COURSE STATE QUALIFYING TIMES

Male

MALE		9	10	11	12	13	14	15	16	17/18	OPEN
<b>FREESTYLE</b>	<b>50m</b>	40.00	36.00	34.00	32.00	30.00	29.00	28.00	27.50	27.00	26.00
	<b>100m</b>	1:20.00	1:15.00	1:14.00	1:09.00	1:05.00	1:02.00	1:00.00	59.00	58.00	56.00
	<b>200m</b>		2:43.00	2:37.00	2:30.00	2:23.00	2:17.00	2:12.00	2:08.00	2:04.00	2:00.00
	<b>400m</b>				5:05.00	4:50.00	4:40.00	4:30.00	4:25.00	4:19.00	4:11.00
	<b>800m</b>								9:15.00	9:05.00	8:50.00
	<b>1500m</b>							18:00.00	17:40.00	17:10.00	16:40.00
<b>BACKSTROKE</b>	<b>50m</b>	48.00	44.00	41.00	38.00	36.00	34.00	33.00	32.00	31.00	30.00
	<b>100m</b>	1:35.00	1:28.00	1:23.00	1:20.00	1:14.00	1:11.00	1:09.00	1:07.00	1:06.00	1:03.00
	<b>200m</b>			2:59.00	2:50.00	2:42.00	2:35.00	2:30.00	2:25.00	2:22.00	2:18.00
<b>BREASTSTROKE</b>	<b>50m</b>	53.00	49.00	47.00	44.00	42.00	40.00	38.00	36.00	35.00	34.00
	<b>100m</b>	1:53.00	1:45.00	1:38.00	1:31.00	1:27.00	1:25.00	1:20.00	1:17.00	1:15.00	1:13.00
	<b>200m</b>			3:20.00	3:15.00	3:05.00	2:55.00	2:50.00	2:48.00	2:44.00	2:39.00
<b>BUTTERFLY</b>	<b>50m</b>	54.00	47.00	40.00	36.00	34.00	33.00	31.00	30.00	29.00	28.00
	<b>100m</b>		1:34.00	1:25.00	1:19.00	1:12.00	1:08.00	1:06.00	1:05.00	1:03.00	1:02.00
	<b>200m</b>			3:05.00	2:55.00	2:45.00	2:38.00	2:32.00	2:26.00	2:21.00	2:17.00
<b>IND. MEDLEY</b>	<b>100m</b>	1:38.00	1:28.00	1:24.00	1:20.00	1:15.00	1:11.00	1:09.00	1:08.00	1:07.00	1:06.00
	<b>200m</b>			3:10.00	2:50.00	2:45.00	2:40.00	2:32.00	2:28.00	2:25.00	2:20.00
	<b>400m</b>					5:25.00	5:25.00	5:25.00	5:15.00	5:00.00	4:50.00
<b>FREE RELAY</b>	<b>4x50m</b>		3:00.00		2:20.00		2:15.00		2:05.00		2:00.00
<b>MED. RELAY</b>	<b>4x50m</b>		3:30.00		3:10.00		2:40.00		2:35.00		2:30.00

*Please note: for Age group and under events please refer to the age group listed  
i.e. 12/Under 400m Freestyle- use 12 year Qualifying Times.*



Female

FEMALE		9	10	11	12	13	14	15	16	17/18	OPEN
FREESTYLE	50m	40.00	36.00	34.00	32.0	31.50	31.00	30.50	30.00	29.50	29.00
	100m	1:24.00	1:18.00	1:14.00	1:10.00	1:08.00	1:07.00	1:05.50	1:04.00	1:02.00	1:01.50
	200m	2:45.00	2:43.00	2:37.00	2:31.0	2:25.00	2:21.00	2:19.00	2:17.00	2:15.00	2:12.00
	400m				5:10.00	5:00.00	4:50.00	4:45.00	4:40.00	4:35.00	4:32.00
	800m							10:10.00	9:50.00	9:40.00	9:30.00
	1500m							19:20.00	19:00.00	18:50.00	18:30.00
BACKSTROKE	50m	48.00	44.00	41.00	38.00	37.00	36.00	35.00	34.00	33.00	32.50
	100m	1:35.00	1:28.00	1:25.00	1:20.00	1:17.00	1:15.90	1:15.00	1:13.00	1:11.00	1:10.00
	200m			2:59.00	2:50.00	2:45.00	2:40.00	2:36.00	2:34.00	2:32.00	2:29.00
BREASTSTROKE	50m	53.00	49.00	47.00	44.00	42.00	41.00	40.00	39.00	38.00	37.00
	100m	1:53.00	1:45.00	1:38.00	1:32.00	1:29.00	1:27.00	1:25.00	1:24.50	1:24.00	1:23.00
	200m			3:20.00	3:15.00	3:10.00	3:03.00	3:00.00	2:59.00	2:57.00	2:52.00
BUTTERFLY	50m	47.00	42.00	40.00	36.00	34.50	34.00	33.50	33.00	32.50	32.00
	100m		1:34.00	1:25.00	1:20.00	1:16.00	1:14.00	1:12.00	1:11.50	1:10.00	1:09.50
	200m			3:05.00	2:55.00	2:47.00	2:42.00	2:40.00	2:39.00	2:37.00	2:33.00
IND. MEDLEY	100m	1:38.00	1:28.00	1:24.00	1:20.00	1:17.00	1:16.00	1:15.00	1:14.00	1:13.00	1:12.50
	200m			3:10.00	2:50.00	2:47.00	2:45.00	2:42.00	2:39.00	2:37.00	2:34.00
	400m					5:30.00	5:30.00	5:30.00	5:24.00	5:22.00	5:20.00
FREE RELAY	4x50m		3:00.00		2:30.00		2:25.00		2:20.00	2:10.00	2:10.00
MED. RELAY	4x50m		3:30.00		3:10.00		2:50.00		2:45.00	2:40.00	2:40.00

*Please note: for Age group and under events please refer to the age group listed  
i.e. 12/Under 400m Freestyle- use 12 year Qualifying Times.*

